

Egg Cleansing:

For when an external influence is afflicting you without your consent:
the Evil Eye, curses, bad luck

- 1 raw egg
 - Cleansing water
1. Prepare cleansing water in your usual way. Sprinkle the raw egg with the water, holding the intention that the egg be clear of any miasma or negative influence.
 2. Invoke Hekate as **Apotropaios** ("Averting harm"), **Alexeatis** ("Averter of evil"), **Damnodameia** ("dominating-the-dominators") or by another name that seems appropriate.
 3. Pass the egg over your body, working from the top of your head downward, holding the intention that any negative influence clinging to you will pass into the egg. You might want to chant the name(s) of Hekate as you do this. You may feel that the egg grows heavier as you work, as the trouble that is on you goes into the egg.
 4. When you have finished, set the egg down. Wash your hands with the cleansing water. Focusing your will and drawing on Hekate's help, make a sign of averting evil towards the egg. One way to do this is to make your face into the face of a gorgon: open your eyes wide, put your fingers in the corners of your mouth and pull it wide, and stick out your tongue. Stomp your foot on the ground powerfully.
 5. Thank Hekate and dispose of the egg (ideally without touching it directly) in a way that feels like casting it into oblivion: bury it in a hole, throw it in your compost, pitch it off a cliff, hurl it down the railroad line, etc. Turn away and don't look back. To shake off anything that might be on your tail, you can recite this ancient Hekatean protection spell:
ASKEI KATASKEI ERON OREON IOR MEGA SAMNYER BAUI PHOBANTIA SEMNE

Cord-Cutting:

To break ties with someone or something that drains you, limits you, or ties you down

- A length of cotton thread, string, or twine (black or red are ideal, but any color will do in a pinch)
 - A sharp blade you can use with one hand (scissors work)
 - A candle (optional, may be dressed with a cleansing or banishing oil)
 - A weight, or some difficult-to-move object that you can tie a string to
 - An image of the person or thing you wish to be free of (optional)
1. This spell has many different versions, some that use fire, some that use a knife, some that take place entirely in the astral or visionary realms, and others that have a physical focus. In this version, begin by identifying the person or thing you want to be free of with the weight or difficult-to-move object. You may want to call the weight by their name, and/or attach an image of them. You may use words like **“Weight, you are not a weight, you are...[my terrible ex] / [that person from the club who won’t stop bothering me] / [my bad relationship with alcohol] / etc”**. When you can think of the weight as the person or thing you want to be free of, move forward.
 2. Light the candle, calling on Hekate as **Azostos** (“Ungirt, unbound”), **Luaios** or **Lusios** (“loosener, releaser, redeemer, deliverer, destroyer”), **Phylake** (“guard” (against resuming connection)), or by another name as seems appropriate.
 3. Tie one end of the string to the weight. Tie the other end around your wrist or a finger on your non-dominant hand.
 4. Hold the blade in your dominant hand, saying words like **“O blade, you are not scissors, you are the knife held in the hand of Hekate; you are the blade of deliverance, cutting free from traps and snares, sharp and swift you sever, you are the knife held in the hand of Hekate.”**
 5. Address the candle, saying words like **“O candle, you are not a tea light, you are the torch of Hekate, light in lightless places, flickering flame illuminating the roads of what is and what might yet be, formless fire born of night, you are the torch of Hekate”**.
 6. Feel the connection between you and the person or thing you wish to escape. Notice how it feels to be tethered, and let yourself fill with the desire to be free. Notice how small and slight a string it is that ties you to this person/thing. Holding your desire for freedom and the knowledge of your power to create change, cut the string, saying words like **“I am free, this thing between us has ended, in Hekate’s name and by my will, I am free”**. Then, carefully, burn the end of the string still attached to you in the candle’s flame, cauterizing the connection and ensuring that it does not reform. Thank Hekate, put out the candle, and dispose of the remnants of string.

Feeding the Hounds of Hekate:

To rid yourself of negative self-talk, “brain weasels”, intrusive thoughts, or the rantings of anxiety or obsession

- a scrap of paper
 - a writing implement
1. When you notice a persistent intrusive thought, pull back your perspective to observe it, instead of identifying with it.
 2. Draw a sigil of Hekate’s Hounds on a scrap of paper, and enchant it with words like this:
“O ikon, you are not an image of a dog, you are the hound of Hekate; you are the three-headed hound who guards the gates of the Underworld, you are the black dogs who scavenge at crossroads and in graveyards, you are the ghostly hounds who howl in Hekate’s train of souls as she guides them between realms, you are the hound of Hekate. When I call you will come, and when you will come I will have a treat for you. Who’s a good hellhound? Who’s a good boy?”
 3. Return to observing the persistent intrusive thought. Focus your will and isolate it, remove it from your mind to your hands, and compress this into a dense little ...snack.
 4. Call the Hounds, perhaps with the chant **“Omnes Canes Onfernales Ululant O Hekate”** (“All hounds of the underworld howl O Hekate”) to raise some energy, or simply say words like: **“In the name of Hekate Kynagetis, Leader of Dogs, I call the hounds to devour that which does not serve me. Rejector of Nothing, reject not me, nor any part of me, but favor the one who favors you. Let your Hound feed on what I relinquish, Hekate Borborophorba, Eater of Filth, let them devour this so that it can feed your Hounds and return through dissolution to the cycle of nature. Hekate Soteira, Savior, take from me this burden, cleanse me of its echoes, defend me from its return.”**
 5. Feed the Hound the snack, pet them and call them a good dog.
 6. Thank the Hounds and Hekate.

VARIATIONS:

- **Enchant an image or figurine of a dog** or of Cerberus to be a sort of “permanent sigil”, a portal through which to Feed the Hounds. Wallet card, pin on jacket, plushie on nightstand, image at work desk, funko pop, etc. You can pass the image/item through myrrh smoke and say the invocation like you would over the sigil to enchant it.
- **Feed an Actual Dog an Actual Snack**, but enchant the process by holding and breathing onto a dog treat during step 3 above, and asking the dog to be a conduit to Hekate, Queen of Dogs and her hungry hounds. Feed the treat to the dog, pet the dog and tell it is A Good Hound of Hekate, and give thanks as usual.

Road Opening:

For when you wish to remove obstacles from the path and make forward motion easy, smooth, quick, and untroubled

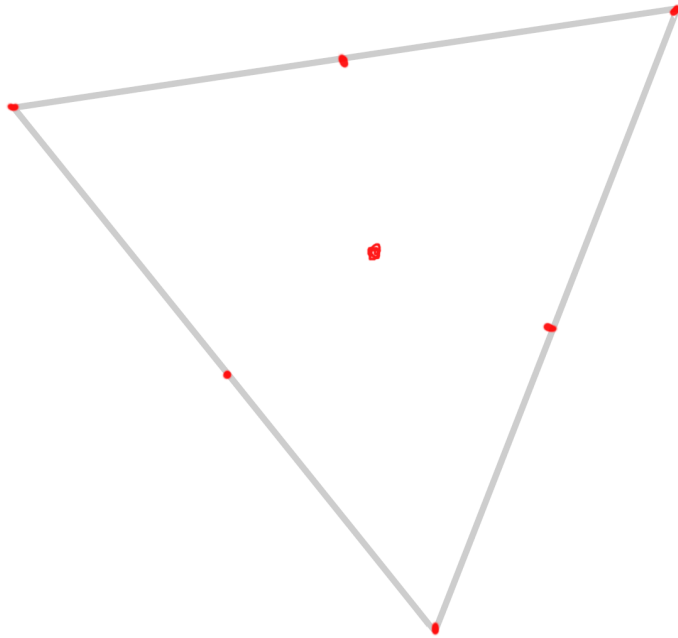
- a key related to where you want to open the way: your work key for career opportunities, your car key for travel, your house key for most other things, or enchant a key specifically to be this talisman
 - two lengths of cotton thread, string, or twine (black or red are ideal, but any color will do in a pinch) If you don't have string, you can draw a crossroads on a piece of paper.
 - 4 candles (optional)
 - road opener oil (optional)
1. Lay out a crossroads by crossing the two pieces of string (or draw one with pen on paper) and invoke Hekate as **Enodia** ("of the roads") **Elateira** ("driver, charioteer") **Kleidophoros** ("key-keeper") or by another name that seems appropriate.
 2. You may wish to light a candle, dressed with road opener oil, at each quarter as you hold the key and recite in each direction, starting in the East:
 - a. **"By the Moon in her rising, by the Moon in her waxing, I unlock the roads to the East. May all doors be open to me by night or day, by any cycle of the moon, may the roads be smooth and free of obstacles, in the name of Hekate, in the name of Hermes, in the name of Hermekate, in the name of Hekahermes, may the way be opened."** (by your will and gesture, unlock the East with the key)
 - b. **"By the Moon in her zenith, by the Moon in her fullness, I unlock the roads to the South. May all doors be open to me by night or day, by any cycle of the moon, may the roads be smooth and free of obstacles, in the name of Hekate, in the name of Hermes, in the name of Hermekate, in the name of Hekahermes, may the way be opened."** (by your will and gesture, unlock the South with the key)
 - c. **"By the Moon in her setting, by the Moon in her waning, I unlock the roads to the west. May all doors be open to me by night or day, by any cycle of the moon, may the roads be smooth and free of obstacles, in the name of Hekate, in the name of Hermes, in the name of Hermekate, in the name of Hekahermes, may the way be opened."** (by your will and gesture, unlock the West with the key)
 - d. **"By the Moon in the Underworld, by the Moon in her darkness, I unlock the roads to the north. May all doors be open to me by night or day, by any cycle of the moon, may the roads be smooth and free of obstacles, in the name of Hekate, in the name of Hermes, in the name of Hermekate, in the name of Hekahermes, may the way be opened."** (by your will and gesture, unlock the North with the key)

3. Place the key at the center of the crossroads, with a final charge (optionally anoint the key with road opener oil):
 - a. **“And Hermes was granted access to every road.
The rod he carries is his badge of office, as messenger, he has safe passage and protection as he delivers communication and takes action in the world.
Hermes Angelos, Hermes the messenger to whom all doors are open.
Angelos, Angelos, Angelos, Angelos
The rod is knocking, open the door!
And Hekate carries the keys to the entire Cosmos.
The keybearer stands before the gate, loosens the latch, turns the hinge, opens the way, and lights the passage through the transition.
Hekate Kleidoukhos, Hekate the keybearer who unlocks every seal.
Kleidoukhos, Kleidoukhos, Kleidoukhos, Kleidoukhos
The key is turning, open the way!”**
4. Carry the key with you. Wear it on a string or ribbon, or even easier, keep it on your mundane keyring in your pocket. It is enchanted to help open the ways and remove obstacles.

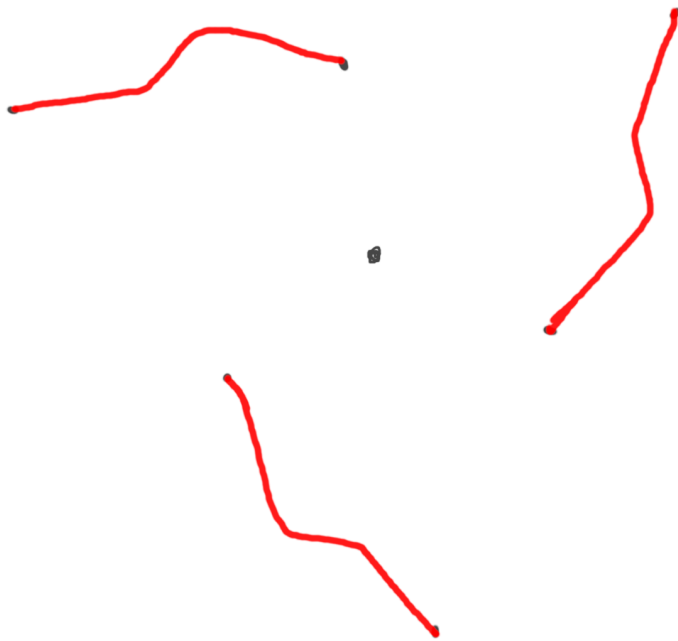
You can do the unlocking-and-recitation in the four directions anytime you need a boost of road-opening.

Drawing Hekate's Hounds Sigil

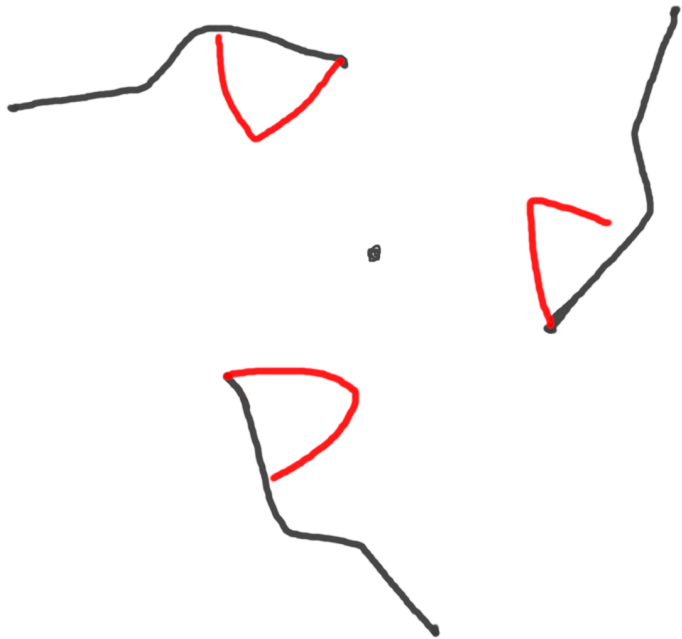
1. Imagine (or lightly sketch with pencil) a roughly equilateral triangle. Mark the center, the points, and the center of each line on your paper. (Then erase the guide lines if you made them.)



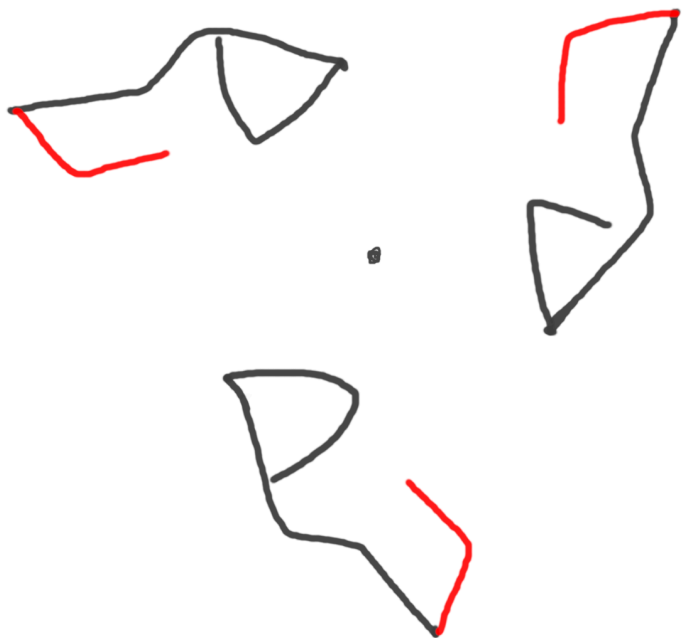
2. Draw a soft S or a kinda lightning-y squiggle from the point to the center along each side.



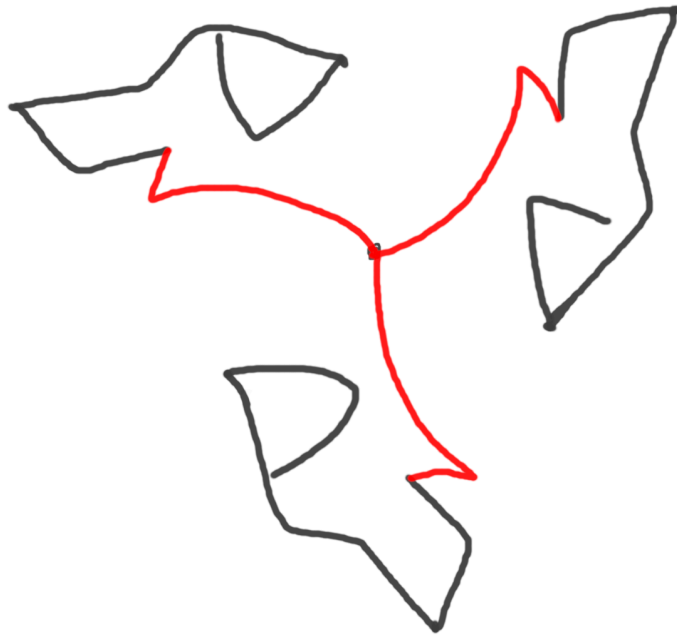
3. Give the end of the S toward the center a triangular flap, like a P, for a floppy hound's ear.



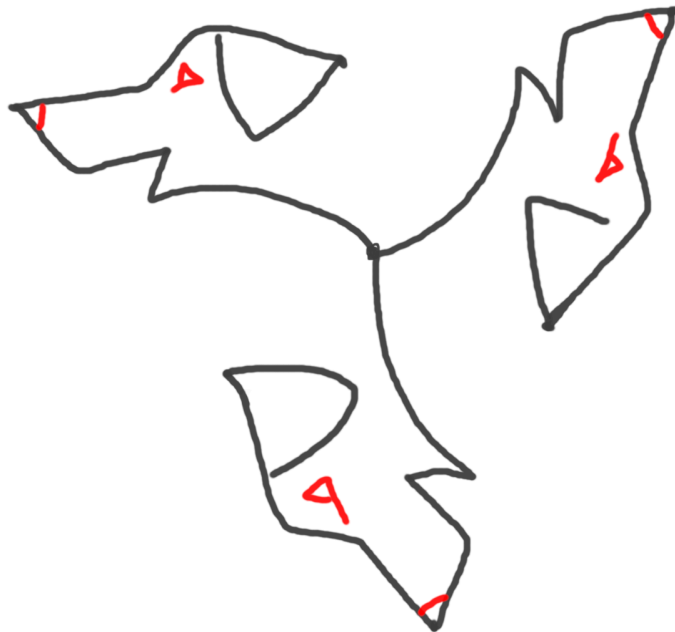
4. Draw a U shaped line from the point to define the hound's snout.



5. Turn the side of that U shape into a flying N to give the hound an open mouth and a neck that connects to the center of the triangle.



6. Optionally, give those puppers some eyes and noses



BORK
BORK
BORBOR
BORBOROPHORBA